

Sunday 29th July	10:00 am Morning Worship and Communion led by Rev R Bainbridge 6:00 pm Evening Worship led by Mr Allen Humes
Sunday 5th August	10:00 am Morning Worship led by Mr David Soulsby 6:00 pm Evening Worship led by Mr Malcolm Farrow
Sunday 12th August	10:00 am Morning Worship led by Mrs Olive Overton 6:00 pm Evening Worship and Communion led by Rev Ian Kent
Sunday 19th August	10:00 am Morning Worship led by Mr Bill Indian 6:00 pm Evening Worship led by Mr John Roughley
Sunday 26th August	10:00 am Morning Worship led by Rev Dr Liz Kent 6:00 pm Evening Worship led by Rev Dr Liz Kent

Midweek Activities

The following activities are planned to take place throughout the summer

Monday (not Bank Holiday)

UFA Meeting Point* (30 th July)	9:30 – 10:30am
Alzheimer's Society – "Singing for the Brain"	1:30 – 3:30pm
Stop Smoking Clinic*	4:00 – 6:00pm
Denchi Kai Academy	6:00 – 7:30pm

Tuesday

Coffee Morning hosted by	9:00 – 11:30am
31 st July Denise & Lesley for PSPA	
7 th Aug West Pelton Methodist Church	
14 th Aug Pelton Methodist Church	
21 st Aug Perkinsville Methodist Church	
28 th Aug Riverside Operatic Society	
UFA Meeting Point* (31 st July)	9:00 – 10:00am
Food Safety Training* (14 th July)	9:30am – 4:00pm
Thrive Yoga	10:00 – 11:30am
Talking Changes*	10:00 – 12 noon

Wednesday

Cestria U3A (1 st Aug)	9:30am
Talking Changes* (1 st Aug)	10:00 – 12 noon
First Aid Training (1 st Aug)	9:30am – 4:00pm
Film Making*	10:30am – 2:30pm
Slimming World group 1	5:30pm
Slimming World group 2	7:30pm

Thursday

Access Training*	9:00am – 4:00pm
Thursday Lunch	12 noon
Relate*	5:00 – 8:00pm
Slimming World group 1	3:30pm
Slimming World group 2	5:30pm
Slimming World group 3	7:30pm

Friday

Access Training*	9:00am – 4:00pm
Coffee Morning	9:00 – 11:30am
Hear 4 U Listening Service	9:00 – 11:30am
Holy Communion	10:00am
Creative Crafts	10:00am- -1:00pm

Saturday

Coffee Morning hosted by	9:00 – 11:30am
4 th Aug West Pelton Methodist Church	
11 th Aug Pelton Methodist Church	
18 th Aug Gill Nairn for Flower Fund	
25 th Aug Perkinsville Methodist Church	
Slimming World group 1	8:00am
Slimming World group 2	10:00am
Slimming World group 3	12 noon
Impact Family Services* (4 th Aug)	10:00 – 2:30pm
Food Cycle	5:00 – 9:00pm
N. A. Meeting *	7:30 – 9:00pm

With the exception of items marked * all of these activities are open to all and everyone is welcome.

If you are interested in joining a particular activity, please contact the office for further information or visit our website www.cornerstonescentre.com

Office contact details Tel: (0191) 3881313

email: info@cornerstonescentre.com.