

Sunday 8th July

10:00 am Morning Worship led by Rev Dr Liz Kent

6:00 pm Evening Service and Communion led by Rev Dr Liz Kent

Sunday 15th July

10:00 am Morning Worship led by members of the congregation

6:00 pm Evening Service and Communion led by Deacon Linda Watkin

Midweek Activities

Monday 9th July

Tai Chi	9:30 – 10:30am
Alzheimer's Society – "Singing for the Brain"	1:30 – 3:30pm
Women's Fellowship – AGM Rev Liz Kent	2:00pm
Stop Smoking Clinic*	4:00 – 6:00pm
Denchi Kai Academy	6:00 – 7:30pm
8 th C-I-S Brownies	6:15 – 7:30pm

Tuesday 10th July

Coffee Morning hosted West Pelton Church	9:00 – 11:30am
Durham County Council*	9:30am – 12:30pm
Thrive Yoga	10:00 – 11:30am
Boys' Brigade Anchor Section	6:15 – 7:15pm
Junior Section	6:30 – 8:00pm
Company/Seniors	7:00- -9:00pm

Wednesday 11th July

Carers & Toddlers	10:00 – 11:30am
Film Making *	10:30am – 2:45pm
Place2Be*	12:00 – 4:00pm
Carers & Toddlers	12:45 – 2:45am
Relate*	5:30 – 7:30pm
4 th C-I-S Rainbows	6:00 – 7:30pm
Slimming World group 1	5:30pm
Slimming World group 2	7:30pm
Housegroup at 57 Bellerby Drive: Eric Donkin	7:30pm
Ballroom Dancing	7:45pm

Thursday 12th July

Access Training*	9:00am – 4:00pm
Action Area Partnership*	9:30am – 2:30pm
Carers & Toddlers	10:00 – 11:30am
Thursday Lunch	12 noon
Humankind*	12:00 – 1:00pm
Drama Tree	4:00pm
Slimming World group 1	3:30pm
Slimming World group 2	5:30pm
Slimming World group 3	7:30pm
4 th C-I-S Guides/Rangers	7:00 – 9:00pm

Friday 13th July

Access Training*	9:00am – 4:00pm
Coffee Morning	9:00 – 11:30am
Hear 4 U Listening Service	9:00 – 11:30am
Holy Communion	10:00am
BID Services	10:00am – 12 noon
Impact Family Services*	10:00am – 2:30pm
Creative Crafts	10:00am- -1:00pm
Prayers in the Vestry	11:30am
4 th C-I-S Brownies	6:00 – 7:30pm

Saturday 14th July

Coffee Morning hosted by Lumley Church	9:00 – 11:30am
Slimming World group 1	8:00am
Slimming World group 2	10:00am
Slimming World group 3	12 noon
Transverse Myelitis Society*	1:30 – 3:30pm
Food Cycle	5:00 – 9:00pm
N. A. Meeting *	7:30 – 9:00pm

With the exception of items marked * all of these activities are open to all and everyone is welcome.

If you are interested in joining a particular activity, please contact the office for further information or visit our website www.cornerstonescentre.com

Office contact details Tel: (0191) 3881313

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